

# LQ VROYLQJ WKH 8.

First of its kind model to quantify the contribution of walking and cycling to improving air quality and the subsequent benefits to public health.



4 December 2017





limits to produce draft Clean Air Plans by March 2018 and final plans in November 2018. The Government will also produce a Clean Air Framework to support them. A Clean Air Fund of £220 million has been announced to support these local authorities in the formation and implementation of these plans. The devolved nations are also trialing a number of different plans to improve air quality including their own versions of Clean Air Zones.

The World Health Organization has stated there are no safe levels for particulate matter. In 2018 the UK Government will produce a Clean Air Strategy to tackle all air pollutants including particulate matter.

Modal shift from motorised transport to cycling and walking can have a positive effect on air quality as well as reducing congestion and improving public health through increased physical activity. Physical inactivity is currently costing the NHS £20 billion

cycling along a busier road and having a higher respiratory rate than someone in a car or walking. However, the wider health benefits of increased physical activity from riding a bike compared to a sedentary form of transport always outweighs any

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Sustrans is the charity making it easier for people to walk and cycle. We connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute.

Join us on our journey. [www.sustrans.org.uk](http://www.sustrans.org.uk)

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VAT Registration No. 416740656