# Walking and Cycling Index 2023

Stirling

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#### The Walking and Cycling Index

The Walking and Cycling Index (formerly Bike Life) is the biggest assessment of walking, wheeling and cycling in urban areas in the UK and Ireland.

It is delivered by Sustrans in collaboration with 23 cities and urban areas. Each city<sup>i</sup> reports on the progress made towards making walking, wheeling and cycling more attractive, everyday ways to travel.

The Walking and Cycling Index reports every two years. This is the third report from Stirling produced in partnership with Stirling Council. The data in this report comes from 2023 and includes local walking, wheeling and cycling data, modelling and an independent survey of 1,174 residents aged 16 or above in Stirling. The survey was conducted from March to June 2023. Social research organisation NatCen conducted the survey, which is representative of all residents, not just those who walk, wheel or cycle.

Across this report we have included comparisons to 2021 data where available.

Our thanks to the people of Stirling who took part in the survey and shared their stories with us.

More details on all reports can be found at <u>www.sustrans.org.uk/walking-cycling-index</u>. For more data, see the <u>Index Data Tool</u>.









Walking and wheeling participation

Overall in Stirling the number of people walking and wheeling UHJXODUO\ DW OHDVW YH GD\V D ZHHN KDV GHFUHDVHG VLQFH





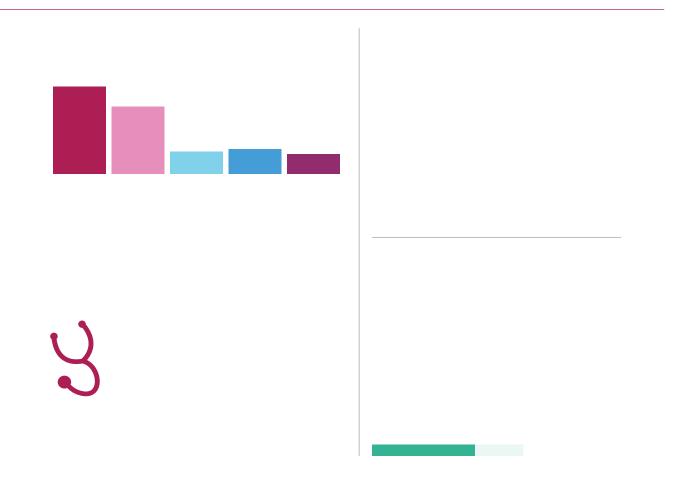
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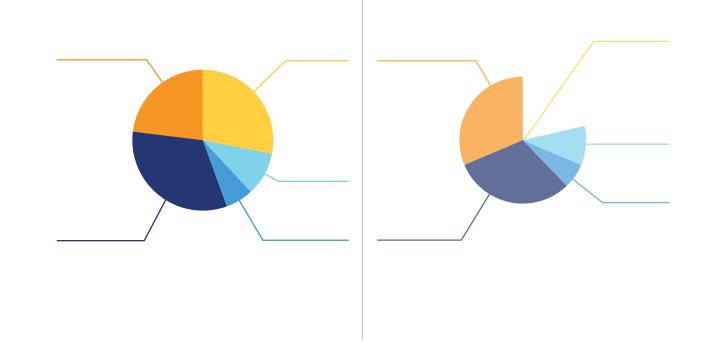


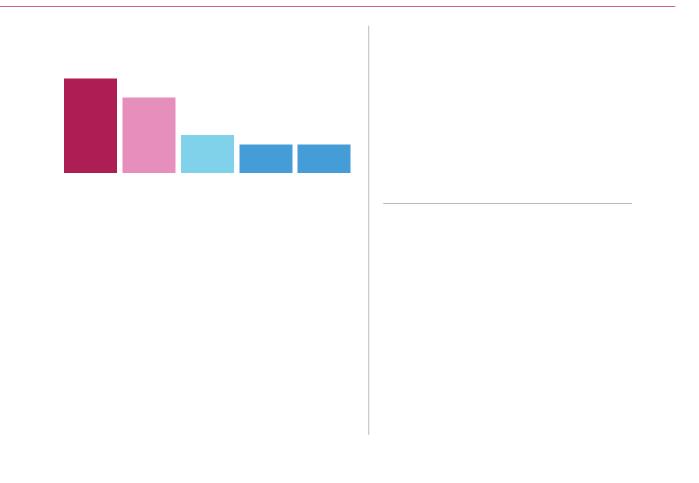
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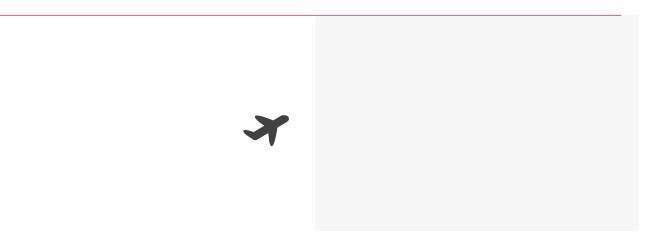




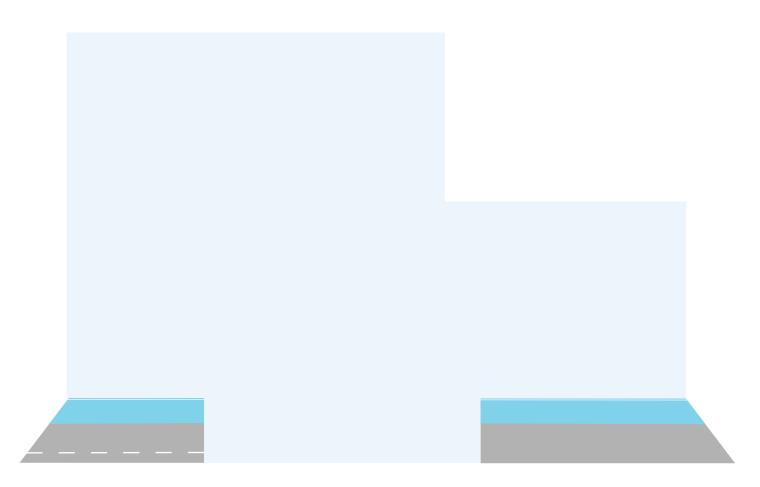




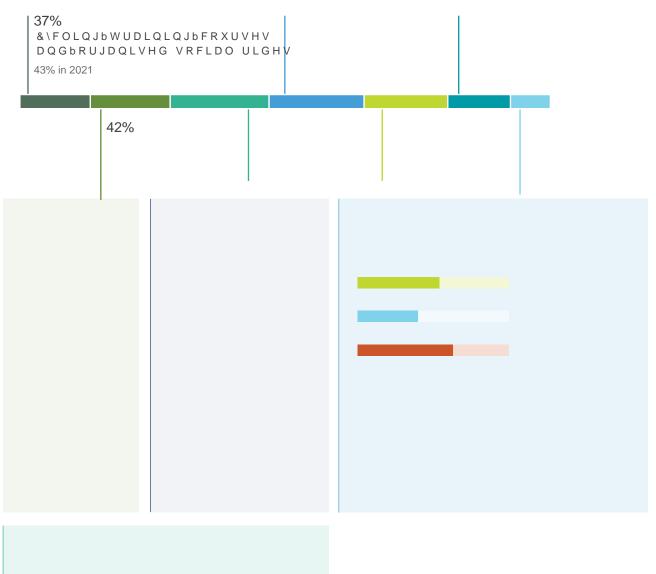








What percentage of residents think that these kinds of support would help them cycle more?





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University to the train station. The project is also delivering public realm improvements, helping to promote the City Centre as a key destination, and encouraging more people to walk, wheel and cycle by making the surrounding environment more pleasant to move through and spend time in.

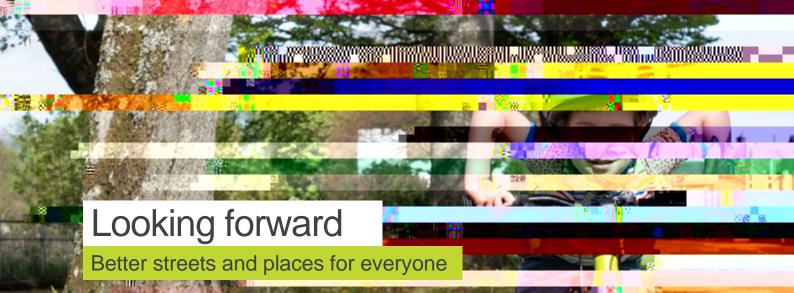
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has been made. On the College Route, the sections on Raploch Road North, Dumbarton Road and Albert Place have all been completed. This has linked Raploch and the Millennium Way route to the City Centre. Similarly on the University Route, the sections on Causewayhead Road and Dunster Road have been completed. This was a vital missing link for children travelling up to Wallace High, or down to Riverside Primary. The project will cost £10m and the majority of this is funded by Sustrans with match funding from the City Region Deal and developer contributions.

### Station Gateway Project

This project has seen Stirling Train Station undergo a complete transformation. Now with a pedestrianised plaza and a cycle route linking to Walk, Cycle, Live, the new station exterior really puts Stirling on the map when it comes to integrating public transport and active travel.

The scheme has made use of the excess carriageway space, created more space for cyclists and pedestrians, installed more seating and some landscaping. Another standout feature is the additional cycle parking that has provided 150 new parking spaces, along with clearly designated parking



As a compact, historic city with excellent rail links, Stirling has an opportunity to become one of the best connected cities in Scotland from an active travel perspective, and we have a number of projects in development to help realise this opportunity.

#### Forthside

Our major urban regeneration project, Forthside lies just WR WKH HDVW RI 6WLUOLQJ &LW\ &HQW walk from the train station. It lies between the central area and the main employment cluster of Springkerse and provides a huge opportunity for sustainable transport focussed development. A successful £19m bid into the

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A successful £19m bid into the UK Government's Levelling Up Fund has provided an opportunity to kick-start redevelopment

and enable delivery of U H D Q G L V D Y H P L Q X W H quality connecting active travel infrastructure.